



# REORIENTATION TO COUNSELING

**COUNSELING 671**

WINTER II, 2006

1 Credit

## COURSE SYLLABUS

- TIME/LOCATION:** MONDAY EVENINGS, 6:00 pm to 7:30 pm Lincoln Campus  
New Century Building
- INSTRUCTOR:** DR. OWEN L. SAUNDERS
- REQUIRED TEXTS:** Selected texts, current and previous versions used in MAC courses taken within the past five years.

**COURSE DESCRIPTION:** Counseling 671 is a one (1) semester hour graduate level course intended for students who have successfully completed a number of Doane College Master of Arts in Counseling (MAC) classes, but who for various reasons have experienced an interruption completing their course of study, and who now want to resume their work toward degree completion. Intended to refresh the student's knowledge and skills, COU 671 is a brief series of intense sessions that undertake a comprehensive, faculty *guided* review of their previously completed MAC subjects.

**COURSE OBJECTIVES:** By the conclusion of the class, you will:

- Reviewed each previously taken class, its subject content, skills and knowledge.
- Be able to conceptually explain the important theories and methods learned in each class.
- Demonstrate accurate and up-to-date understanding of key theories and their application.
- Recognize when, and know how to effectively apply previously taught professional methodological approaches in a specific case; i.e. application of technique and method.
- Know and be able to apply professional clinic skills and ethical principles governing the practice of counseling.
- Be prepared to successfully resume your course of study at a point where, for whatever reason, your active work was interrupted.

**METHODS OF INSTRUCTION:**

Conducted as a directed study, this class will include a minimum of five (5), individualized, one and one-half hour sessions with the instructor. Each didactic session will involve a Socratic style collaborative review of the subject matter pertaining to each class you have previously taken. In addition, as an essential part of the process, you will be expected to prepare written summary outlines of each of your previously completed classes and develop a guideline chart outlining your plan of study.

In this process, you are encouraged to take an active and collegial stance which involves: (a) working closely with your faculty instructor; (b) prepare in advance for each session to insure the achievement of learning goals; (b) recognize individual accountability for one's own performance and end results; (c) collaborate in developing and practicing role-playing activities, and active discussions that review and display previously learned counseling skills and methodology; (d) actively seek positive and constructive *feedback* regarding performance.

**ASSESSMENT OF YOUR LEARNING AND PERFORMANCE; i.e., CLASS GRADE:**

You will receive two "grades" for this course; one reflecting the degree to which you have successfully reviewed and demonstrated competency with previously taught *academic knowledge and skills*, and one reflecting your *professional skill* development.

Your performance is directly associated with your individual effort and acquired knowledge and skills, and as evaluated by the instructor, and will include:

1. Completion of summaries and outline of study .....	25%
2. Timeliness; punctuality and attendance as scheduled sessions .....	5%
3. Displayed knowledge and skills .....	<u>70%</u>
	100%

Your *professional development* grade will be based, in-part, on demonstrated performance, associated with professional competency and reasoning appropriate to the courses you have taken, age and experience. This will involve the objective and subjective assessment of the instructor relating to your personal effort, attitude, maturity, problem solving, professional reasoning and judgment as reflected in your work during the class. Throughout the class you will receive feedback from the instructor who will help you analyze, recall and again understand class subject matter taken at an earlier time.

**DESCRIPTION OF ACTIVITIES:**

1. Overview Chart and Reorientation Class Sequence Outline:

You are to develop a written outline, citing each MAC class you have taken. This outline is to be portrayed graphically in a time-line format, listing:

- The class title
- Instruction objectives; key content

This outline will serve as the framework for each of the separate Reorientation sessions.

2. Written Summaries:

For *each* of the courses delineated in your Sequence Chart, using your class notes and text books, you are to write a one to two (1-2) page analysis of classes' key learning objectives. In your analysis you are to:

- a. Explain each learning objective
- b. Briefly define each theory, concept and method taught in the class
- c. Provide a narrative summary of the important things you learned

### 3. Class sessions:

The first session with your instructor will review the class plan of instruction and sequence. Following this session you are to undertake an extensive review of previous notes and texts. Develop the sequence outline for each class and, then, a week at a time, prepare the one to two page summaries previously described. These summaries are to be sent to the instructor in advance by mail, email or left at the MAC graduate office. They will then serve as the foundation for the instructor guided review class sessions. For each session you are to be prepared to fully discuss the complete range of information and skills taught in the specific class at hand.

#### **GENERAL INFORMATION:**

1. Study responsibility: There is a very substantial body of knowledge that you will be reviewing. It is not realistic to expect you to completely reread all texts for previously covered courses. However, you are expected to review sufficiently that you display an adequate knowledge of knowledge taught in each class.

2. Individual assistance and participation: The instructor recognizes that you are taking this elective course to review what you previously learned. The structure of discussions will be geared to review and updating. A Socratic, collaborative approach to meet you unique needs will be emphasized. Questions can be addressed, theories analyzed, and general learning facilitated.

- ❑ You are *encouraged* to raise questions during each session --so that inquiry will disclose where clarification is needed, and afford opportunity to add depth to your review and clarify something that is not correctly recalled or understood,
- ❑ Your comments, personal-life experience, observations, and ideas *are* welcome and *beneficial* in this process.

It is important *you* be given personal attention. In addition to consultation by the instructor *during* class sessions, to resolve questions not clarified in class, or to address something that concerns you, the instructor will be available after class. You may wish to make an appointment to visit with the instructor or add to the number of class sessions. Appointments are encouraged, but the instructor will be available on short-notice. If you wish to contact the instructor, refer to the telephone numbers listed on Page 1 of this Syllabus. If you live on the Crete campus, please call *collect*; the instructor will pay for all long distance from-campus calls.

3. Cancellations: Should bad weather, or unforeseen event, cause cancellation of a review session, every attempt will be made to reschedule. Please insure the instructor has a current phone number where you can be notified of class changes, or in some cases, if the instructor needs to contact you.

4. Attendance: Personal and individual instruction is important. Your successful review in this directed study format requires that you attend each schedules session.

5. Grading scale: Letter grades are used to reflect performance. The point value attached to each grades is stated in the Done College Catalog. For the directed study as a whole, or any single activity where grades are determined, the following guidelines apply:

A+	97 to 100%	B+	87 to 89%	C+	77 to 79%
A	93 to 96%	B	83 to 86%	C	73 to 76%
A-	90 to 92%	B-	80 to 82%	C-	70 to 72%

6. Recommended readings, resources and outside class activity: Between class sessions, you are expected to study and review previous course texts and notes. However, it is desirable that as research and course content has advanced over time new information is available regarding many of the subjects you will be reviewing, information that has developed since you took a particular class. Additional reading and inquiry on your part to up-date is encouraged.

**CLASSES, ACTIVITIES AND LESSON OUTLINE**

Each lesson will be unique, tailored to the specific course and content to be reviewed. It will be predicated on which of many MAC classes you have taken and will be adjusted according to the Summary Chart you develop.

<u>NR:</u>	<u>DATE:</u>	<u>LESSON TITLE, SUBJECT OR DESCRIPTION:</u>	<u>INSTRUCTIONS:</u>
1.	TBA	1. Introduction: The course, objectives and methods; Syllabus 2. Preliminary overview: "Roadmap"	None
2. – 5	TBA	1. Review and discussion	To be arranged